

Lord

Teach Us To

Pray

## **In Your Prayer Group**

Using Psalm 145, take the next 20 minutes or more to praise God for His greatness, over and over again. Each person can pray more than once.

### **Psalm 145**

*1. I will extol you, my God and King, and bless your name forever and ever. 2. Every day I will bless you and praise your name forever and ever. 3. Great is the Lord, and greatly to be praised, and His greatness is unsearchable. 4. One generation shall commend your works to another, and shall declare your mighty acts. 5. On the glorious splendor of your majesty, and on your wondrous works, I will meditate. 6. They shall speak of the might of your awesome deeds, and I will declare your greatness. 7. They shall pour forth the fame of your abundant goodness and shall sing aloud of your righteousness. 8. The Lord is gracious and merciful, slow to anger and abounding in steadfast love. 9. The Lord is good to all, and His mercy is over all that He has made. 10. All your works shall give thanks to you, O Lord, and all your saints shall bless you! 11. They shall speak of the glory of your kingdom and tell of your power, 12. to make known to the children of man your mighty deeds, and the glorious splendor of your kingdom. 13. Your kingdom is an everlasting kingdom, and your dominion endures throughout all generations. (The Lord is faithful in all His words and kind in all His works.) 14. The Lord unholds all who are falling and raises up all who are bowed down. 15. The eyes of all look to you, and you give them their food in due season. 16. You open your hand; you satisfy the desire of every living thing. 17. The Lord is righteous in all His ways and kind in all His works. 18. The Lord is near to all who call on Him, to all who call on Him in truth. 19. He fulfills the desire of those who fear Him; He also hears their cry and saves them. 20. The Lord preserves all who love Him, but all the wicked He will destroy. 21. My mouth will speak the praise of the Lord and let all flesh bless His Holy name forever and ever.*

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## **In Private Prayer This Week**

David says, *"Every day I will bless you and praise your name forever and ever."* Psalm 145:2. Using the outline below, praise God each day in the following way:

**Wednesday** – 145:3 - How is the Lord great and how is His greatness unsearchable? Praise Him for His unsearchable greatness. Ask Him to show you more of His greatness.

**Thursday** – 145:5, 10 - What are His wondrous works? Praise Him for as many wondrous works as come to your mind.

**Friday** – 145:7, 9 – How has the Lord shown His abundant goodness to you? Think of the past. Think of the present. Think of the future. Ask Him to reveal more and more of His goodness to you.

**Saturday** – 145:8 – How has the Lord demonstrated His mercy to you? How has He been slow to anger? Praise Him for His steadfast love.

**Sunday** – 145:13 – Consider His everlasting kingdom and all that awaits us in eternal life. Spend time reflecting on heaven. Praise Him for what scripture reveals to be true. Praise Him for what awaits us.

**Monday** – 145:14, 16, 19 – How has the Lord upheld you? How has He satisfied the desires of your heart?