

Lord

Teach Us To

Pray

The confession of evil works is the first beginning of good works.

Saint Augustine

## Prayers of Confession

In your small group, use the beatitudes, found in the early part of Jesus' Sermon on the Mount, to help you confess your sins together. Ask the Lord to reveal to you any areas of sin in your life. If you are not comfortable confessing out loud before the group, make your confession privately. Remember to confess sins of omission as well as sins of commission. Finally, make sure and confess the love, mercy, and faithfulness of the Father, Son and Holy Spirit.

If time permits, pray for others (family, friends, co-workers, etc.) to resist the temptation to sin in these areas.

### Matthew 5:1-12

*1. Seeing the crowds, He went up on the mountain, and when He sat down, His disciples came to Him. 2. And He opened His mouth and taught them, saying: 3. "Blessed are the poor in spirit, for theirs is the kingdom of heaven. 4. Blessed are those who mourn, for they shall be comforted. 5. Blessed are the meek, for they shall inherit the earth. 6. Blessed are those who hunger and thirst for righteousness, for they shall be satisfied. 7. Blessed are the merciful, for they shall receive mercy. 8. Blessed are the pure in heart, for they shall see God. 9. Blessed are the peacemakers, for they shall be called sons of God. 10. Blessed are those who are persecuted for righteousness' sake, for theirs is the kingdom of heaven. 11. Blessed are you when others revile you and persecute and utter all kinds of evil against you falsely on my account. 12. Rejoice and be glad, for your reward is great in heaven, for so they persecuted the prophets who were before you."*

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## **In Private & Daily Prayer This Week**

Use the following selections from the Sermon on the Mount to help you see and confess your sins before the Lord. Use the following steps to help guide your season of confession:

1. Ask God to reveal your sin to you
2. Confess with your tongue and with a pen
3. Thank Him for making your sin known
4. Ask for the Lord's discipline
5. Examine what happened
6. Confess His love, mercy, and faithfulness
7. Tell someone

**Wednesday** – Matthew 5:21-26 and 43-48

**Thursday** – Matthew 5:27-30

**Friday** – Matthew 6:19-24

**Saturday** – Matthew 6:25-34

**Sunday** – Matthew 7:1-6

**Monday** – Matthew 7:15-29